A Publication of Sunset Retirement Communities & Services

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Summer 2017

Hive Star Rotect Hive Star The shortest way home. Waterford Rehab Center

$\star \star \star \star \star \star$ I See Stars Built by a GREAT TEAM

Waterford Rehab Center is not just a beautiful new addition to the Waterford Campus. In just a little over 18 months since taking our first resident, Waterford Rehab Center has become one of the leaders in West Michigan for Skilled Rehabilitation. What makes Waterford stand apart? What Makes Waterford a leader in the industry? What does Waterford do different than other Rehab facilities?

Waterford is a five-star rated facility. One may ask, what does a five-star rating even mean? Is this something that skilled nursing facilities just make up just to sound good to the public? In all actuality, the five star-rating system is a very detailed and well-regulated system that is put out by the Federal Government, specifically CMS (Centers for Medicare and Medicaid Services). A five-star rating is the highest rating that any Skilled Nursing or Rehabilitation Center can receive. <u>Only 10% of all facilities in the United</u> <u>States can be five-star rated</u>, based off "cut points". The star rating is very detailed as to how

it is composed, but is defined by three distinctive parts: site survey, staffing ratios, and outcomes.

For example the site survey by CMS is done at least annually, but often times more. The survey generally consists of 3-6 State surveyors acting on behalf of the Federal Government. The surveyors are generally RNs, but can also be Doctors, Pharmacists, or even Lawyers. The survey team arrives to the facility un-announced and will spend anywhere from 3-5 full days interviewing staff, interviewing residents, reviewing medical records, reviewing policy and procedures, and multiple other regulatory tasks.

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Brookcrest

Nursing & Rehabilitation Care Phone: 616.534.5487

Home Services Home Health Care Phone: 616.667.4663



Manor & Villages Independent & Assisted Living Phone: 616.457.2770 Toll Free: 877.457.2770

Meals at Home Delivered Meals Phone: 616.457.7777

Rose Garden Assisted Living Phone: 616.538.1914

Waterford Place & Rehab Center

Independent Living Rehabilitation & Assisted Living Phone: 616.667.1725

Emmanuel Hospice

Hospice Care Phone: 616.719.0919



LOCAL · CHRISTIAN · NONPROFIT

MISSION STATEMENT

To provide quality services for senior adults in a spirit of Christian love.

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www.facebook.com/sunset.retirement





Once the survey is completed, the Survey Manager in Lansing will issue the facility citations based off the findings.

It is not an easy task to get a five-star rating from CMS. It takes dedication and a high level of attention to detail. CMS makes all of the above public to anyone who would like to see, all you have to do is go to; <u>https://www.medicare.gov/</u> <u>NursingHomeCompare/search.</u> <u>html</u>

What sets Waterford Rehab Center apart that helps us obtain a five-star rating? First and foremost it is the team! Waterford Rehab Center has a truly amazing **team** of talented and dedicated individuals that compassionately love and care for all of our residents. Our **nurses** are highly trained in Rehab care. Our Certified Nursing Aides (CNA's) are some of the very best in the industry and Sunset as a whole has a very strenuous hiring practice to ensure that we get the best of the best. Our nursing department boasts some of the very best staff-to-resident ratios in the industry, as to give the most hours of patient care to each resident daily.

Waterford also has a phenomenal team of **therapists** and is one of the few facilities in the area that does not sub-contract a therapy team. All of the Waterford Therapy team is employed by Sunset, which assists in providing a high level of longevity and commitment to the mission. The therapy team at Waterford truly listens to the residents and the resident's needs.

All of the departments at Waterford equally play a role in setting us apart. We a very blessed to have;

does this mean? This means that on average Waterford Rehab Center is able to get people back home quicker and at the same level of function or higher than other facilities. Waterford Rehab Center truly is the **shortest** way home.

All in all it is a fantastic team of individuals that sets Waterford Rehab Center apart and makes us a leader in the industry. The building and arounds are nice, but

It truly takes every single department and area caring and working to their full potential to make Waterford Place the great Rehab Center it is.

dedicated and well trained Social Workers, Recreational Therapy team, Food Service team, Housekeeping team, Admissions Nursing team, Maintenance team, and Office/ Administrative team members. It truly takes every single department and area caring and working to their full potential to make Waterford Place the great Rehab Center it is.

Waterford Rehab Center also has one of the shortest lengths of stay in the Greater Grand Rapids area. You may ask why this is good and what we would not be anywhere without the unmeasurable dedication of each and every individual that has chosen to serve at Waterford. We would not have the star rating or the great outcomes if it wasn't for a dedicated team that truly believes in providing quality care for seniors in a Spirit of Christian love.

BY: BEN LEAVELL, LNHA EXECUTIVE DIRECTOR, WATERFORD PLACE & REHAB CENTER



CEO Corner Steve Zuiderveen, CEO



A HEALING TONGUE

"Reckless words pierce like a sword, but the tongue of the wise brings healing." ~ Proverbs 12:18

hate it when someone I care about is sick, especially when it is one of my children. Once, while camping over Memorial Day, my son broke his arm skateboarding. It was a very painful experience for him, but I think it took an even greater emotional toll on me. There was nothing we

the physical healing that needs to take place, but an even more critical need is for emotional healing to occur. We are blessed with many people who have the gift of healing. In I Corinthians 12:7 we are told, "Now to each one the manifestation of the Spirit is given for the



could do except bring him to a place where healing could begin. Once his arm had been placed in a cast, all we could do was monitor his activities and wait for the healing process to be completed.

As I look around the Sunset communities I see

common good. To one there is given through the Spirit the message of wisdom, ... to another gifts of healing by the one Spirit." I always thought this was speaking only of physical healing. But there are many types of healing listed throughout the Bible. While waiting at the hospital, I was blessed with Psalm 147:3, "He heals the brokenhearted and binds up their wounds."

Sometimes the injuries we incur come from those we are very close to. Something is said out of anger or frustration and we don't have any way to take the words back. Both sides are hurting and they need someone to help. The first thing we must do is bring those who are hurting to a place where healing can begin. And for those who have been given the gift of healing, they may become God's instrument for initiating the healing. Once the healing has begun, we need to stay involved by providing encouragement and hope. Solomon himself reminds us in Proverbs 12:18, "Reckless words pierce like a sword, but the tongue of the wise brings healing." Then we must wait for the Lord to complete the healing that He desires. He doesn't like to see His children hurting either.

Source of the strawberries to senior citizens"?

FROM



BY SUE WEDEKIND, EXECUTIVE DIRECTOR, ROSE GARDEN

If the land at 3391 Prairie SW could tell its story, that's probably what you would hear.

From what I've been told, this land produced years of wonderful, sweet strawberries that the whole community enjoyed. It also provided a "summer's income" to many school aged kids who were limber enough to move up and down while picking the ripe fruit! I'm sure they worked hard getting those berries ready for many to enjoy!

A little over 20 years ago the ROSE family decided it was time to leave their strawberry GARDEN property. The land was purchased by a few good men who had decided that they wanted to get involved in the senior care industry. It seemed appropriate that ROSE GARDEN would be the name, ROSE after the family and GARDEN for the strawberry gardens. And so, ROSE GARDEN HOMES LLC officially opened their doors for business in July of 1997.

Soon after opening and as a result of many prayers, Rose Garden became a vibrant, faith and family oriented place to live and work. It took a few years to fill all the rooms but once the community and area health care providers experienced what we had to offer our rooms stayed occupied on a routine basis. Everyone worked together to create an environment that felt like home for residents and staff alike. Our staff motto became

"Helping Hands and Loving Hearts"!

It's hard to believe that it's time to celebrate Rose Garden's 20th anniversary. A couple of us have been here for almost the entire time and several for 10 years or more. We have so many memories, some sad but most are wonderful and sweet just like those strawberries that grew in the same soil that Rose Garden is built upon.

We are so thankful that God answers prayers and continues to bless us day by day! Please join us in prayer for Rose Garden and all of Sunset's campuses.

A 20 year celebration is being planned for some time in September.....hmmmm, maybe we should serve strawberries?????



Our community is as active as ever! Here's a quick glimpse of what's been happening at each of our communities over the past few months.

Fourth of July Celebration!





Vice President Pence thanking veteran and Brookcrest resident Elvin Weber



Vice President Pence greeting resident 103 years old Lurene Evoy







Waterford Place Concert & Cookout



Memorial Day Parade



Employee Appreciation Day at the Ballpark!



VOLUNTEER BANQUET

Kids Food Basket: Employee Volunteers





Sunset Association 725 Baldwin Street Jenison, MI 49428

With the help of our amazing donors, wonderful things have happened at Sunset. We've been able to help resident benevolence, give nursing scholarships, and lives have been enriched. You can help by gifting through the enclosed envelope, online at SunsetCommunities.org, or call 616.457.2770, ext. 1117. Thank you!

If at any time you would like to be taken off our mailing list, please call 616.457.2770, ext. 1118, or contact us through our website at SunsetCommunities.org.





ONGEST DAY!

AUGUST 30

CAR SHOW

Where: Rose Garden – 3391 Prairie, Grandville, MI When: Wednesday, August 30th 6:00pm-8:00pm For: Residents Community Departs Reard and

For: Residents, Community, Donors, Board and Employees

Rose Garden will be hosting its 15th annual antique car show and celebrating their 20th Anniversary serving the community. All are welcome to browse the cars, tour the facility and celebrate with cake & ice cream. Have a car to show? Call 616.254.8090

OCTOBER 4, 11, 18, 25 & NOVEMBER 4

FALL WELLNESS CLASSES

- Where: Waterford Place 1725 Port Sheldon, Jenison, MI Door A (Multi-Purpose Room)
- When: Wednesdays, October 4, 11, 18, 25 and November 1st 3:00pm-4:00pm
- For: Residents and Community

Five-week series on several topics: Gizmos & Gadgets, FIT to Function, Bladder & Digestion, Debunking Dementia and Continuum of Care Seminar with the Experts. RSVP 616.667.4663

There are many activities scheduled for residents & their family members – too many to note. Please contact the Life Enrichment staff at each community for further details.

EVENTS

NOVEMBER 3

SUNSET MANOR & VILLAGE HOLIDAY ART & CRAFT BAZAAR

Where: Manor & Village – 725 Baldwin Jenison, MI Door F

When: Friday, November 3rd – 9:00am – 3:00pm

Mark your calendar now for our annual holiday bazaar. Vendor tables available. Call Judy at 616.457.2770 Ext. 1606

OCTOBER 27 SUNSET FALL GALA

Where: The Pinnacle Center – 3330 Highland Dr, Hudsonville, MI

When: Friday, October 27th 6:00pm-8:00pm

For: Everyone

Attend Sunset's Fall Gala, a benefit for resident benevolence. Enjoy the music from the Purdue Varsity Glee Club and be a blessing to a select group of Sunset residents who have outlived their resources, and need financial assistance. RSVP 616.254.8090

