



Understanding the Caregiver Journey

Approximately 34.2 million Americans provide care for an aging loved one. Almost half of them are caring for those with dementia. All family caregivers go through a unique and challenging journey that can be hard to understand for those who have not experienced it first-hand.

As dementia progresses, so can the responsibility and commitment of the family caregiver. The caregiver journey is not an easy one, and no one person should have to care for a loved one with dementia alone. Understanding that journey can lead to better decisions for your loved one, your family, and yourself.

Based on research from Aging well Hub, a study from Georgetown University, and our own experiences, we have identified 5 phases of the caregiver journey. We have created an online assessment that can help you evaluate which phase of the caregiver journey you are in, what actions to take, and an overview of what is yet to come.

You can access the assessment online at WPMemoryCare.org/help. Completing the assessment will take approximately 6 minutes, and after completion, we will email you a description of your current phase along with actions to take and what to expect in the future.

HOPE
for Dementia is here

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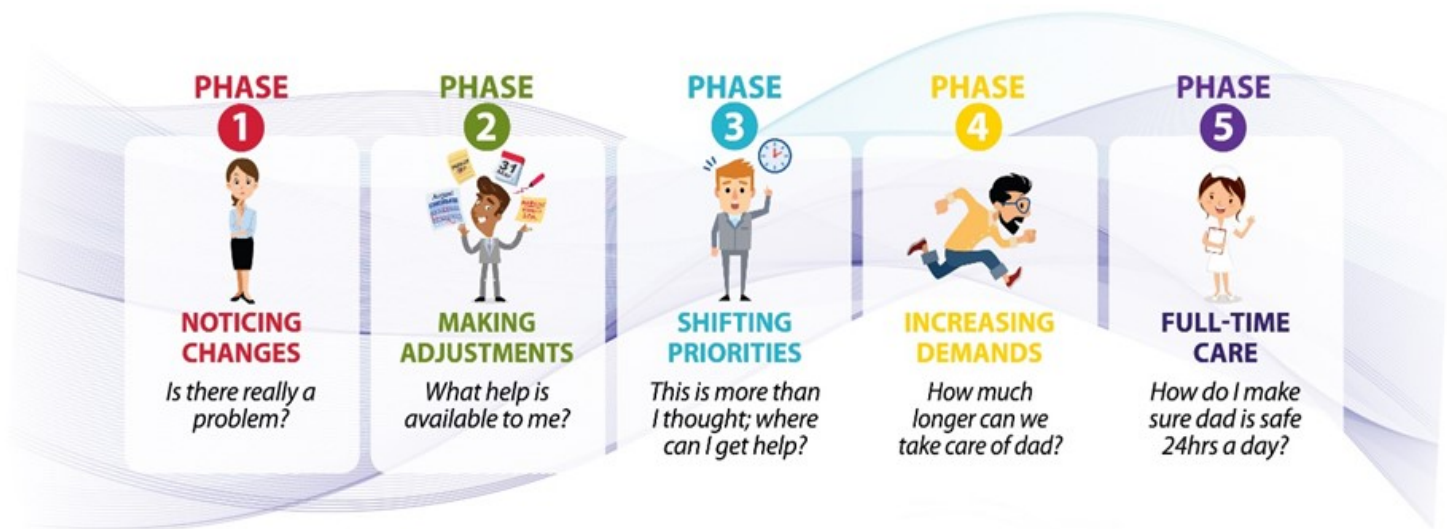
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Waterford Place Memory Care is committed to helping people understand where they are on the caregiver journey and how best they can manage what lies ahead. We believe that families who find a trusted partner like Waterford Place Memory Care will realize they are not on this journey alone.



SAIDO Learning News



At the SAIDO Symposium on June 6th, Waterford Place Memory Care accepted an award on behalf of the success of our SAIDO Learning Program. We are blessed to have the best completion ratio, most participants, and our residents feeling encouraged by their progress. Learn more about Waterford Place: <https://m.youtube.com/watch?v=mM9ka49D88M&feature=youtu.be>.



Questions? Would you like a tour?

Please contact Kris Hartney,
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Waterford Place
Memory Care